South Fork American River Trail

Trail Tips

- Hikers and Bikers: Yield to Equestrians; Bikers: Yield to Hikers.
- Stay on the trail.
- Stay to the right on wide trails and pass on the left.
- Uphill trail users have the right of way.
- Use the trail quietly. You are also sharing the trail with wildlife.
- Don't leave any markers.
- Read trailhead guidelines.

Folsom Lake

State Recreation

Area

- Pack it in Pack it out. Leave no trace.
- Riders: slow down approaching curves.

